

Land Use Assessment of Diet Choice:

from 'Diet for a New America' Study Guide

Please remember that each square is approximately 42 feet by 42 feet.

- Diet 1:** Because of these choices you need to raise cows for meat and milk products. You need to use 48 squares of your land to grow crops to feed your cows and to have land to graze them on. Draw and color pictures representing what you eat in the 48 squares. You must build the living quarters for you and your animals on whatever land is left.
- Diet 2:** You have cut down on the amount of meat you are eating by about 50%. You still eat a lot of dairy products, so you still need extra land for raising dairy cows. Draw and color pictures representing what you eat in the 30 squares. On the rest of your land you must build your houses and barns. If you have any land left over you can use it for other activities.
- Diet 3:** You have eliminated meat from your diet. You still eat a lot of dairy products, so you still need extra land for raising dairy cows. Draw and color pictures representing what you eat in the 16 spaces. On the rest of your land you must build your houses and barns. If you have any land left over you can use it for other activities.
- Diet 4:** You don't eat meat or cheese, even on a pizza. You have eliminated meat and dairy products from your diet. Draw and color pictures representing what you eat in the four squares. On the rest of your land you must build your houses and barns. If you have any land left over you can use it for other activities.

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